

# **UK CONSENSUS CONFERENCE ON DIABETES after the guidelines – the unanswered questions in diabetes management**

13 & 14 May 2010

At Royal College of Physicians of Edinburgh

## **Thursday 13 May 2010**

**8.30**      **Registration** and Coffee

**9.25**      **Welcome** by Dr Scott Ramsay, RCPE Lead for Consensus  
Conferences, Royal College of Physicians of Edinburgh

### **Session 1 - Who can prevent diabetes?**

Chair: Professor Naveed Sattar, Glasgow

**9.30**      **Screen or not to screen?**  
Professor Kamlesh Khunti, Leicester

**9.50**      **Lifestyle change: who can make it work?**  
Professor Raj Bhopal, Edinburgh

**10.10**     **Bariatric surgery: who benefits most?**  
Mr David Galloway, Glasgow

**10.30**     **Discussion**

**11.00**     **Coffee / tea**

### **Session 2 - What are the practical implications of developments in genetics?**

Chair: Professor Andrew Morris, Dundee

**11.30**     **Are we genotyping enough?**  
Dr Anna Gloyn, Oxford

**11.50**     **Using genetics to manage the diabetes epidemic**  
Professor Tim Frayling, Exeter

**12.10**     **Discussion**

**12.40**     **Lunch**

### **Session 3 - Which psychological interventions work?**

Chair: Dr Ann Gold, Aberdeen

**13.40**     **The importance of health beliefs in people with diabetes**  
Dr John Harvey, Wales

**14.10**     **What psychological interventions should be used and when?**  
Dr Vivien Swainson, Stirling

- 14.30**    **What psychological support I needed**  
Mrs Susan Morrow, Edinburgh
- 14.50**    **Discussion**
- 15.10**    **Coffee / tea**
- Session 4 - What after metformin: who cares?**  
Chair: Professor Ian Campbell, St Andrews
- 15.40**    **Beyond mono-therapy: do guidelines add value?**  
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- 16.10**    **Beyond metformin: who should decide?**  
Dr Amanda Adler, Cambridge
- 16.40**    **Discussion**
- 17.10**    **Close of day one**
- 17:20**    **Poster viewing** (panel and authors of abstracts only)
- 19:30**    **CONFERENCE DINNER**

## **Friday 14 May 2010**

- 9.00**    **Poster viewing** and Coffee

**Session 5 - What are the best models of care for children and adolescents?**  
Chair: Dr George Farmer, Inverness

- 9.30**    **Lessons from Scotland**  
Dr Stephen Greene, Dundee
- 10.00**    **Lessons from Italy**  
Dr Roberto Trevisan, Italy
- 10.30**    **Lessons from living with diabetes**  
Mrs Maggie Smith, Edinburgh
- 10:50**    **Discussion**
- 11.10**    **Coffee / tea**
- 11.30**    **Distribution of 1st draft consensus statement**

**Session 6 - Presentation of 1st draft statement**  
Chair: Panel Chairman

- 11.45**    **Presentation and open discussion**
- 12.45**    **Lunch**

### **Session 7 - Diabetes in the real world**

Chair: Dr Donald Pearson, Aberdeen

- 13.45 My life with diabetes**  
Mr Ross Finnie MSP, Glasgow
- 14.15 Diabetes for the next generation**  
Ms Jane-Claire Judson, Edinburgh
- 14.45 Achieving consensus**  
Dr Ken McHardy, Aberdeen
- 15.10 Coffee / tea**
- 15.15 Distribution of 2nd draft consensus statement**

### **Session 8 - Presentation of 2nd draft statement**

Chair: Panel Chairman

- 15.25 Presentation and open discussion of 2nd draft**
- 16.25 Closing remarks**
- 16:30 Close of meeting**  
Chairman of Organising Committee