

Care of the Elderly
Wednesday 15 September 2010
Venue: Royal College of Physicians, 9 Queen Street, Edinburgh

9.00 **Registration** and Coffee

9.25 **Welcome** by Dr Neil Dewhurst, President, Royal College of Physicians of Edinburgh

Session 1 – Topics in Parkinson’s Disease

Chair: : Professor Alasdair MacLulich, Professor of Geriatric Medicine, University of Edinburgh

09.30 **What really matters to people who have Parkinson’s Disease**

Margo MacDonald, MSP, The Scottish Parliament, Edinburgh
• effect of symptoms on quality of life • side effects of drugs • end of life issues

09.55 **The management of non-motor manifestations of Parkinson’s Disease**

Dr Graeme Macphee, Consultant Physician, Department of Medicine for the Elderly, Southern General Hospital, Glasgow
• depression • sleep disturbance • impulse control disorder • cognitive impairment

10.20 Discussion

10.35 **COFFEE/TEA**

Session 2 – Coming On Line: Telehealth and older people

Chair: Dr Mary-Joan Macleod, Senior Lecturer and Lead Clinician, Acute Stroke Unit, Aberdeen Royal Infirmary

11.00 **An overview of telehealth developments in Scotland for older people**

Mr James Ferguson, Clinical Director, Scottish Centre for Telehealth, Aberdeen
• unscheduled care • management of long term conditions • remote and rural support

11.20 **Smart home technology: Does it help frail older people to live safely at home?**

Mr Paddy Corscadden, Telecare Development Programme, City of Edinburgh District Council
• voice-activated home alert consoles • falls detectors • chair/bed occupancy sensors
• automated reminders • voice prompts • door open alerts

11.40 **Evaluating telehealth developments for older people: Challenges and pitfalls**

Professor Jeremy Wyatt, Director of Institute for Digital Healthcare, Warwick University
• what do we *actually* know about the benefits of telecare? • how can we promote more rigorous studies?

12.00 Discussion

12.15 **LUNCH**

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Session 3 – Food for thought

13.15 STANLEY DAVIDSON LECTURE

Chair: Dr Neil Dewhurst, President, Royal College of Physicians of Edinburgh
Vascular cognitive impairment: epidemiology, diagnosis and management
Dr Sandra Black, Brill Chair in Neurology, Sunnybrook Health Sciences Centre, University of Toronto, Canada
• diagnostic criteria • subtypes • pathophysiology • clinical features • management

Chair: Dr Gillian Mead, Reader in Geriatric Medicine, Royal Infirmary, Edinburgh

14.10 Undernutrition in older people

Dr Helen Roberts, Clinical Senior Lecturer in Geriatric Medicine, University of Southampton
• prevalence of undernutrition • screening for undernutrition • management

14.30 Obesity in older people: A growing epidemic?

Professor Mike Lean, Professor of Human Nutrition, University of Glasgow
• aetiology • clinical implications • management

14.50 Discussion and feedback

15.05 TEA

Session 4 – Achieving better outcomes after acute and elective general surgery in older people

Chair: Dr Yinka Ogundipe, Consultant Physician in Medicine for the Elderly, Royal Infirmary, Edinburgh

15.30 The Anaesthetist's perspective

Dr Irwin Foo, Consultant Anaesthetist, Western General Hospital, Edinburgh
• optimising pre-op status in acute and elective settings • optimum anaesthetic techniques • ITU care

15.55 The Surgeon's perspective

Mr Mark Potter, Consultant Colorectal Surgeon, Western General Hospital Edinburgh
• conservative or surgical management of older people with acute general surgical problems • pre-op assessment of patients for elective general surgery

16.15 The Geriatrician's perspective

Dr Jugdeep Dhesi, Consultant Geriatrician, Guys and St Thomas's NHS Foundation Trust, London
• comprehensive assessment of older patients undergoing surgery – from pre-op assessment to community follow-up

16.35 Discussion

16.55 Close

For further details and to book online: <http://events.rcpe.ac.uk>

