



Life as a Consultant Symposium

Friday 16 March 2018

Breakout session A – Abstract

Accessing professional support and development through peers, mentors and coaches

‘When you’re up to your neck in alligators its easy to forget you came to drain the swamp’

Making sure that life doesn’t feel like a swamp in the first place is a good move and establishing effective connections with peers, mentors and coaches at the earliest opportunity is essential in avoiding “swamp fever”. These are the people who will support you in building your career, getting the best from professional development opportunities and, most importantly, taking an honest look at how you provide the best possible care for those in your care without dying in the attempt. “the greatest athletes the world has ever known have one thing in common. They all recognised the importance of having coaches and mentors. So, why don’t you?”

Learning objectives/ outcomes:

To articulate what support and development you need as a caring professional

To develop strategies to build a sustainable professional network

To begin to identify and build the skills to engage with the people and organisations who will provide the professional support and personal challenge you need as your career develops

David Pitts Personal Introduction

David Pitts is an executive coach, lecturer, programme designer, curriculum writer and Occupational Psychologist who has contributed extensively to Clinical Curriculum Design, Workplace Assessment and Training Trainers programmes in the UK and internationally, designing and supporting Leadership Development programmes with Royal Colleges, Universities, Specialty Associations and Multinational Companies in a variety of industries. He has worked professionally as a coach/mentor for 20+ years with clients from Senior Executives to Clinical Trainees and Volunteers.

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