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Life as a Consultant Symposium

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Staff wellbeing

Abstract provided by: Dr Clare Gerada MBE, Former Chair of RCGP Council & GP, London

Across the world, in all specialities, genders, ages and levels of seniority, doctors are miserable – and if accounts of surveys are too believed, increasingly so. Given that for most of the medical profession, they have a secure job, good income, rewarding work (or at least most of the time) and high status it seems discongruent that so many doctors are unhappy. The author has, for the last decade been the head of the NHS Practitioner Health Service – a free, confidential service for doctors with mental health and addiction problems. She will discuss her experiences over the last 10 years and also try and answer the question she poses, why are doctors so miserable?

[Book now to attend the event!](#)