



# Professionalism in Medicine – Wellbeing in Medicine

Tuesday 16 May 2023

This event will focus on the challenges faced by our colleagues who work with a long term health conditions and staff who face burnout at work.

## Our excellent speakers for this event are:

- Dr Kirsty Colquhon – Consultant, Glasgow Royal Infirmary & Trustee, Cerebral Palsy Scotland
- Dr Helen Garr, GP & Clinical Lead (Nottingham & Central Midlands), Practitioner Health

This event will focus on the challenges faced by our colleagues who work with a long term health conditions and staff who face burnout at work.

**This event is organised by the Recently Appointed Consultants' Committee and is suitable in particular for all consultants, senior trainees and specialist doctors and associate specialists.**

## Learning points from the event include:

- Understanding the challenges of working with a chronic health condition
- How we can support colleagues
- What can organisations and NHS trusts/hospitals do to help
- How to recognize burnout in yourself and colleagues
- Ways to reduce the risk of burnout
- Supporting colleagues with burnout to stay in work/return to work

**This event is free for all Fellows and Members and those attending a live link site location.**

For further details and to book online: [events.rcpe.ac.uk](https://events.rcpe.ac.uk)

or from: **Stephanie Hough**, Event Co-ordinator | Tel: +44 131 247 3687 | Email: [s.hough@rcpe.ac.uk](mailto:s.hough@rcpe.ac.uk)



EMUs will be on our website for 28 days after the event date so you can catch-up or re-watch any talks in your own time

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**CPD** +2  
Credits