

Hybrid Symposium

RCPE in association with SPS and RCPCH: Optimising Health across the Life Course

Thursday 19 January 2023

Session 1:

Investing in our future

- Talk 1: How we start influences how we finish: a life course approach to disease reduction
- Talk 2: Does early investment in health produce health gain?
- Talk 3: A life course approach to intergenerational health

Session 2:

Engineering resilience

- Talk 1: Building more resilient brains
- Talk 2: Keynote as below

KEYNOTE LECTURE details: New health threats

Professor Dame Parveen Kumar, Emerita Professor of Medicine and Education, Barts and The London School of Medicine and Dentistry, Queen Mary University of London.

Session 3:

Acting NOW to improve long term health

- Talk 1: Avoiding obesity - the place of medical treatments and social prescribing
- Talk 2: Reducing chronic respiratory illness
- Talk 3: Maximising your gut health

Session 4:

Acting NOW to improve long term health

- Talk 1: Opportunities during early life for cancer prevention
- Panel Discussion: What can we do NOW to effect change?

An early bird discount will be available until
5 Jan 2023

Guest Speakers Include:

Keynote speaker - Professor Dame Parveen Kumar
Dr Valentin Fuster, Dr Richard Hansen, Sir Michael Marmot, Christiana Melam, Dr Sarah Veribest, Professor Sir Gregor Smith and Dr David Shackles.

You can register for in-person, online or on-demand attendance. Talks available to all delegates on-demand for 28 days post event.

General physicians, doctors of all training grades across the medical specialties, specialist nurses, physiotherapists and physician associates. All grades of medical, nursing, scientific staff, allied health professionals and medical students are most welcome.

For further details and to book online visit:

events.rcpe.ac.uk

Aine Serelis, Education Coordinator

Email: a.serelis@rcpe.ac.uk

