

Sym

SYMPOSIA



ROYAL COLLEGE  
of PHYSICIANS  
of EDINBURGH

## Delirium Teaching Day

# Programme & Delegate Information



In association with:



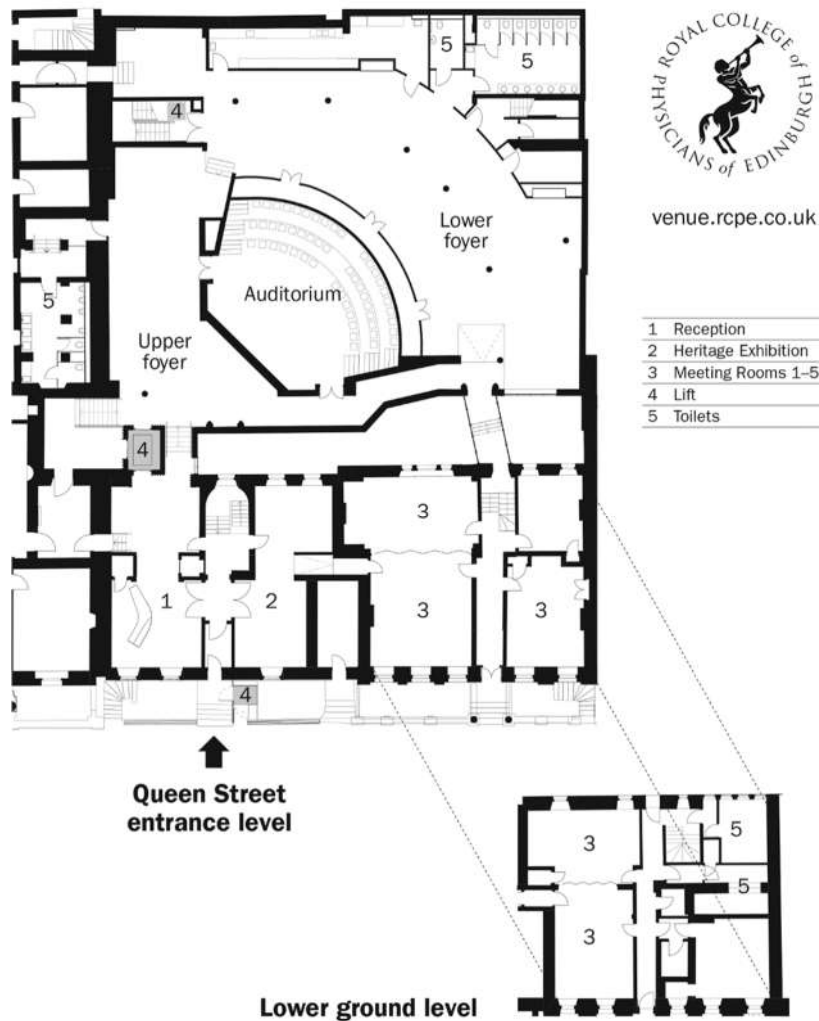
 [rcpe.ac.uk](http://rcpe.ac.uk)

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Wednesday 4 September 2019

 #EDArcpe19



### Heritage Exhibition

Please visit our exhibition which is located to the right of the main College reception. Access is also via rooms 1 & 2 during coffee and lunch breaks.



**Visit 'Moonstruck'** – the College's new exhibition on the history of mental health. The illustrations, books and objects displayed in this exhibition explore how society's understanding and perception of mental health has changed over the last 500 years. Original illustrations of patients at London's infamous Bedlam Asylum will be on display to the public for the first time, along with fascinating illustrations and letters from an artist incarcerated at the Crichton Asylum, Dumfries and artwork by a patient at the Royal Edinburgh Hospital from the 1800s.

Delegate information

# EDA/SDA/RCPE Delirium Teaching Day

*held on Wednesday 4 September 2019*

## Welcome

Welcome to the Scottish Delirium Association / European Delirium Association / Royal College of Physicians of Edinburgh Delirium Teaching Day.

We are delighted to present our programme, designed to provide those caring for people with delirium with practical education covering a range of clinical situations.

We hope that you find it useful. Please provide feedback once the day is completed so that we can shape our future events.

### **Scottish Delirium Association local organising committee**

Alasdair MacLulich

Claire Copeland

Ajay Macharouthu

Hazel Miller

Geraldine Marsh

Alan Duncan

On behalf of the Scottish Delirium Association

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### CPD

The Federation of the Royal Colleges of Physicians of the UK runs a Continuing Professional Development (CPD) Scheme for all post-training physicians. Please note it is your responsibility only to claim credits for the hours you attend.

CPD ID Code: 125692

CPD Credits: 5



### Certificates and feedback

The CPD sign-in register is now online and is combined with the symposium feedback form.

- Please note that in order for us to issue CPD attendance certificates we require participants to complete our online feedback survey and you should have received an email containing a link to your individual feedback form. If you have not received this please contact: [h.elliott@rcpe.ac.uk](mailto:h.elliott@rcpe.ac.uk)
- There is an option to save your feedback as you complete it during the day and finish your responses later. This is done through the '**Finish later**' button which is at the bottom of every page of the survey.
- Please note that the 'Finish later' feature supplies you with an updated individual link which contains your previous answers. These are not accessible to our administration team so please ensure that you store this link as otherwise you will have to begin your survey again.
- The sign-in and feedback form will be open for 14 days after the event, **closing at midnight on Wednesday, 18 September 2019**. Electronic certificates will be issued after that date. It will not be possible to issue certificates to delegates who do not complete the form by this date as it is your confirmation that you attended – so please make sure you do.

### Interactive sessions/talks and asking questions

- You can ask questions via the microphones in the auditorium
- You can also submit questions during the talks using Slido - we will be using an interactive software, 'Slido', so that everyone can ask the speakers questions and participate in polls and case discussions.
  - On your mobile, tablet or computer, go to [slido.com](http://slido.com).
  - Enter the event code: **#EDArcpe19**. This code will be used throughout the day for all presentations. Please ensure that you select the correct room venue.
  - When delegates send questions to speakers, your device will display the delegate questions.
  - When the speaker asks the audience questions/polls, your device will display the poll and you can vote from your device.
  - After the poll it will switch back to the delegate questions.
  - You can 'like' any delegate questions submitted, questions will rearrange based on how many 'likes' they have, highlighting to the Chair popular questions.

### Internet Access

Free WIFI is available throughout the RCPE. Please join the network **RCPE-WIFI** and input the password **chiron1681**.

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## **Prayer and Quiet Room**

Room 5, No 13 Queen Street has been allocated as the prayer and quiet room. Please ask at the registration desk for directions to this room.

## **Parent Room**

Room 4, No 13 Queen Street has been allocated as the Parent Room. Please ask at the registration desk for directions to this room.

## **Social media/photography**

The College encourages online discussion and the use of social media. You may therefore see participants taking photographs, using mobiles, laptops or tablets for discussion on Twitter. Please feel free to participate – the Twitter hashtag for this event is **#EDArcpe19**

A professional photographer may be in attendance at today's event. Photographs may be used by the College in digital and printed publicity material. If you do not wish to be photographed, please let a member of staff know at the registration desk.

# Programme

## EDA/SDA/RCPE Delirium Teaching Day

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<b>09.00</b>	<b>Registration and Coffee</b>	<b>Foyer</b>
<b>09.55</b>	<b>Welcome</b> Professor Alasdair MacLulich, Geriatric Medicine, University of Edinburgh	<b>Auditorium</b>
<b>Session 1 -</b> Chair: Dr Hazel Miller, Consultant in Geriatric Medicine, Glasgow Royal Infirmary, Glasgow		<b>Auditorium</b>
<b>10.00</b>	<b>A patient experience</b> Mr Mark Hudson <i>*ICU delirium *after-effects *implications of staff</i>	
<b>10.25</b>	<b>Assessment and management of delirium: key points from the 2019 SIGN Guidelines</b> Professor Alasdair MacLulich, Geriatric Medicine, University of Edinburgh <i>*comprehensive management *risk reduction *the proper use of drugs</i>	
<b>10.50</b>	<b>Real-world implementation of better delirium care</b> Professor James Rudolph, Professor of Medicine, Professor of Health Services, Policy and Practice, Brown University, Providence, USA <i>*practical tips *engaging colleagues *measuring important outcomes</i>	
<b>11.15</b>	<b>Coffee</b>	<b>Foyer and Room 1 &amp; 2</b>
<b>Session 2 -</b> Chair: Dr Brian McGurn, Consultant in Geriatric Medicine, Hairmyres Hospital, NHS Lanarkshire		<b>Auditorium</b>
<b>11.45</b>	<b>Care of the highly agitated patient with delirium - a case based approach</b> Dr Gillian Scott, Specialist Registrar in Psychiatry, Glasgow <i>*challenging cases *how to engage with families *risk management</i>	
<b>12.10</b>	<b>Medico-legal aspects of delirium: avoiding the major pitfalls</b> Dr Alan Duncan, Consultant in Old Age Psychiatry, NHS Dumfries & Galloway <i>*update on legal principles *how to stay within the law *case studies</i>	
<b>12.35</b>	<b>Delirium education in healthcare settings: how to make it effective</b> Dr Andy Teodorczuk, Associate Professor of Medical Education, Griffith University, Gold Coast and Consultant Psychiatrist, Prince Charles Hospital, Brisbane, Australia <i>*practical tips *engaging colleagues *measuring important outcomes</i>	
<b>13.00</b>	<b>Lunch</b>	<b>Foyer &amp; Room 1 &amp; 2</b>
<b>Session 3 – Workshops 1</b> <i>(please make your way to your selected workshop)</i>		
<b>14.00 –</b>	<b>Workshop A - Delirium simulation</b>	<b>Great Hall</b>
<b>14.30</b>	Dr Julie Mardon, Consultant in Emergency Medicine, Crosshouse Hospital, Kilmarnock and Head of Simulation, University of Glasgow Medical School Dr Claire Copeland, Consultant in Geriatric Medicine and Stroke, Forth Valley Royal Hospital, Larbert	
	<b>Workshop B - Understanding distressed behaviour in delirium: video-based case discussion</b> Nicola Wood, Dementia Nurse Consultant, Forth Valley Royal Hospital, Larbert	<b>Auditorium</b>
	<b>Workshop C - Assessment and management of delirium at the end of life</b> Dr Annemarie Hosie, Postdoctoral Research Fellow, Palliative Care Clinical Trials Collaborative, University of Technology, Sydney, Australia Professor Meera Agar, Professor of Palliative Medicine, University of Technology, Sydney, Australia	<b>Room 1 &amp; 2</b>

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### **Workshop D - Managing risk of falls in patients with delirium**

Dr Hazel Miller, Consultant in Geriatric Medicine, Glasgow Royal Infirmary, Glasgow  
Christine Steel, Occupational Therapy Consultant, Glasgow Royal Infirmary, Glasgow

*New Library*

### **Session 3 – Workshops 2** (please make your way to your selected workshop)

#### **14.40 – Workshop E - Delirium simulation**

**15.10** Dr Julie Mardon, Consultant in Emergency Medicine, Crosshouse Hospital, Kilmarnock and Head of Simulation, University of Glasgow Medical School  
Dr Claire Copeland, Consultant in Geriatric Medicine and Stroke, Forth Valley Royal Hospital, Larbert

*Room 1 & 2*

#### **Workshop F - Understanding distressed behaviour in delirium: video-based case discussion**

Nicola Wood, Dementia Nurse Consultant, Forth Valley Royal Hospital, Larbert

*Great Hall*

#### **Workshop G - Assessment and management of delirium at the end of life**

Dr Annemarie Hosie, Postdoctoral Research Fellow, Palliative Care Clinical Trials Collaborative, University of Technology, Sydney, Australia  
Professor Meera Agar, Professor of Palliative Medicine, University of Technology, Sydney, Australia

*New Library*

#### **Workshop H - Managing risk of falls in patients with delirium**

Dr Hazel Miller, Consultant in Geriatric Medicine, Glasgow Royal Infirmary, Glasgow  
Christine Steel, Occupational Therapy Consultant, Glasgow Royal Infirmary, Glasgow

*Auditorium*

### **Session 3 – Workshops 3** (please make your way to your selected workshop)

#### **15.20 – Workshop I - Improving peri-operative care of delirium**

**15.50** Professor Rakesh Arora, Professor of Cardiac Surgery, University of Manitoba, Winnipeg, Canada  
Dr Emma Cunningham, Alzheimer's Research UK Clinical Fellow, Queen's University, Belfast  
Daisy Sandeman, Advanced Nurse Practitioner, Cardiothoracic Surgery, Royal Infirmary of Edinburgh

*Great Hall*

#### **Workshop J - When delirium persists, what should we do?**

Dr Kerri Jamieson, Consultant Geriatrician, Queen Elizabeth University Hospital, Glasgow  
Pauline Anderson, Charge Nurse, Queen Elizabeth University Hospital, Glasgow  
Dr Roanna Hall, Consultant in Geriatric Medicine, Royal Infirmary of Edinburgh

*Auditorium*

#### **Workshop K - Assessment and management of delirium in stroke patients**

Dr Amanda Barugh, Consultant in Stroke Medicine, University of Edinburgh

*Room 1 & 2*

#### **Workshop L - Practical management of delirium in care homes**

Dr Lorna Dunlop General Practitioner, Dundee

*New Library*

### **Session 4 -**

Chair: Dr Daniel Davis, Senior Clinical Researcher and Consultant in Geriatric Medicine, University College London

*Auditorium*

**16.00** Question and answer session with panel of speakers

**16.30** Close of Teaching Day